

Region 6 Spring Assembly
Albany, New York ♦ April 9, 2005
WUIG Representative Report

Wow – what an exciting day!

My morning began with a New Delegate Orientation, led by Dexter J., the Region 6 Trustee. I met a dozen other new delegates from around the region and I received a copy of the Bylaws for the Region Six Assembly of OA and the Policies and Procedures Manual. Since the Assembly follows strict parliamentary procedure, all of the new delegates were also briefed on how those procedures work.

Following the opening prayer and welcome, the Chairperson, Margaret Ann B., led a Strategic Planning Workshop, where the Assembly looked at what Region 6 has been doing, how it's been going, and what we should be doing going forward. First, we had a brainstorming session where each person who wished had 30 seconds to speak about the most important thing s/he thought Region 6 should be doing. All ideas were recorded (and discussed in the appropriate committee meetings in the afternoon). Then, we went through each committee's work over the last year or so and gave feedback. Highlights of the latter discussion included:

- Benefits and success of on-line registration for events
- Potential for Region 6 to host more conventions, marathons, retreats, etc.
- Benefits of both participating in health fairs sponsored by and mailing OA information to the (NY) Dieticians Association
- Benefits of holding open OA meetings during the lunch hour of “outside” forums – the example was a Harvard health professional meeting where OA had a booth, and the local OA Intergroup held special lunchtime meetings which were announced at the meeting – about a dozen health professionals attended
- Availability of the Region 6 Speaker List for meetings, retreats, etc.
- On-line availability of *The Messenger*, the Region 6 newsletter, which can be downloaded and distributed for local meetings
- Importance of having a designated downloader at the Intergroup and group levels

After lunch, the Region 6 Committees Meetings were held. As appointed WUIG Treasurer, I decided to go the Finance committee meeting. First, we reviewed the Region 6 budget for 2005/2006. Second, we discussed all motions that we wanted to bring to the floor later in the afternoon. Third, we discussed and agreed to pulling together information on fundraising activities across the region to help local intergroups successfully raise money.

The Assembly reconvened and the Officer and Committee Reports were given. Highlights of the reports include the following goals:

- Creation of sponsorship packet (like the “Welcome Back” packet) and sponsorship workshop by the Twelfth Step Within (TSW) committee
- Creation of HIPM packets and HIPM workshop by PI/HIPM committee
- Creation of packet and link on IG web sites specifically for young people by Young People’s Committee
- Creation of flyer on what Region 6 does by Intergroup Outreach (IGOR) committee
- Organization of quilt raffle for future convention (whereby groups would submit quilt pieces that would be sewn together) by IGOR
- Provision of portals on the web site to information that exists elsewhere by the Web Site committee
- Provision of French content and content beyond region business by the Newsletter and Web Site committees

Finally, several motions were made and passed, the specifics of which will soon be available at the Region Six web site, www.oaregion6.org.

In sum, it was a stimulating and informative day! I learned a lot, but above all, I was most struck by the levels of recovery and commitment to carrying the message in the room. I felt energized by it and humbled at the same time. I hope that you will consider joining me in September and experiencing for yourself the awesome fellowship of the Region 6 Assembly.

In loving OA service,
Meg J.

Important dates to note:

July 26, 2005	Postmark deadline for Motions and Officer applications (Chair and Coordinator, two year terms; Secretary, one year term; Trustee, three year term) for fall Region 6 Assembly; Scholarship Applications to fall Assembly; PI/HIPM Blitz Proposals
September 24, 2005	Fall 2005 Region 6 Assembly in Albany, NY
October 21-23, 2005	Region 6 Convention in Nashua, NH
December 10, 2005	Postmark date for submission of motions and amendments to WSBC 2006
April 8, 2006	Spring 2006 Region 6 Assembly
September 16, 2006	Fall 2006 Region 6 Assembly