

# WESTCHESTER UNITED INTERGROUP OVEREATERS ANONYMOUS - MEETING LIST SUMMER 2008

Westchester United Intergroup (WUIG): PO Box 125, White Plains, NY 10603

Hotline: 914-633-2988

[www.oahelps.org](http://www.oahelps.org)

DAY	TIME	TOWN	Reg. #	KEY	LOCATION	FORMAT	CONTACT
Monday	10:30am - noon	White Plains	01128	O W ♥	Ridgeview Congregational Church Ridgeview & Midland Ave (Off Rte 22/Post Rd)	week 1 qualifier/discussion week 2 Step week 3 Open	Jmel 914-725-7013
Monday	12:30pm - 1:30pm	White Plains	47684	W	LIVING ABSTINENTLY Memorial United Methodist Church 250 Bryant Avenue	Abstinence/Living Sober Meditation/Step 11 Prayer Bring Lunch; Ample Parking	Celeste 914-390-9841
Monday	7:00pm - 8:00pm	White Plains	49245	W	Step Sisters and Brothers Ridgeview Congregational Church Ridgeview & Midland Ave (Off Rte 22/Post Rd)	AA Step last week slogans No perfume please	
Monday	7:30pm - 8:30pm	Pelham	01788	O	Huguenot Memorial Church 901 Pelhamdale Avenue (Corner Boston Post Rd.)	beginner/qualifier last week Open	Elenor 914-723-0371
Monday	7:30pm - 9:00pm	Mount Kisco	01121	W	United Methodist Church Smith Street & Rte. 117	beginner/qualifier	Sheila 914-762-1991
Tuesday	12:30pm - 1:30pm	White Plains	47685	W	Memorial United Methodist Church 250 Bryant Avenue	AA Step/OA Step Bring Lunch; Ample Parking	Celeste 914-390-9841
Tuesday	4:00pm - 5:00pm	Pelham	38602		Huguenot Memorial Church 901 Pelhamdale Avenue (Corner Boston Post Rd.)	Discussion	Shayna 347-275-4980
Tuesday	6:45pm - 8:15pm	White Plains	49901	♥	Big Book Step Study Meeting St Matthew's Lutheran Church Mamaroneck Avenue & Carhart Avenue	Big Book Weekly homework requested via email 2nd floor classroom	Brenda 914-420-3528 <a href="mailto:btout2004@optonline.net">btout2004@optonline.net</a>
Tuesday	7:00pm - 8:00pm	Yonkers	46371	♥	St. Mark's Community Center (in the Undercroft) Corner of Jones and Truman Ave (Off Nepperhan)	AA Step/Big Book	Madge 914-968-3397
Wednesday	11:00am - 12:00pm	White Plains	00297	NW	RELAPSE SURVIVORS Memorial United Methodist Church 250 Bryant Avenue	A New Beginning: Stories of Recovery from Relapse Ample Free Parking	Debbie 914-356-5314 <a href="mailto:theloandiva@aol.com">theloandiva@aol.com</a>
Wednesday	12:30pm - 1:30pm	White Plains	30792	OW	Memorial United Methodist Church 250 Bryant Avenue	AA Step/OA Step Bring Lunch; Ample Parking	Celeste 914-390-9841
Wednesday	1:00pm - 2:00pm	Yorktown	48708	♥	St. Patrick's Old Stone Church Hanover St. (Basement entrance)	Topic/OA Literature Bring Lunch	Sharon 914-419-5669
Wednesday	7:00pm - 8:00pm	Yonkers	45200	W ♥	St. Mark's Lutheran School Kimball Avenue & St. Marks Place	Varied literature	Terry 914-237-6041
Wednesday	7:00pm - 8:00pm	White Plains	49244	W	BIG BOOK BROTHERS & SISTERS Ridgeview Congregational Church Ridgeview & Midland Aves off Post Rd, Rte 22	Big Book last week: Traditions No perfume please	
Wednesday	7:30pm - 8:30pm	Katonah	49225		First Presbyterian Church 31 Bedford Road	Topic/Discussion	Vicky 914-3916942 <a href="mailto:luckyvic@comcast.net">luckyvic@comcast.net</a>
Wednesday	7:30pm - 8:50pm	Ossining	40175	O wk 2	Ossining Community Center 95 Broadway (Rte 9 & Rte 133)	week 1 For Today week 2 Life Line Sampler week 3 OA Step week 4 Big Book week 5 Big Book	Bobbye 914-941-4297
Wednesday	7:30pm - 9:00pm	Larchmont	17757		Saint Augustine's Church 18 Cherry Avenue (at intersection of Larchmont Ave)	HOW	Jeannette 914-238-8398

For up-to-date information, call contact person for that particular group.

W = Wheelchair Accessible O = Open Meetings may be attended by Compulsive Overeaters, Family Members and Friends

OA groups are not affiliated with the institutions or clubs at which they hold their meetings

N = New Meeting ♥ = Needs Support

**OA Websites:** [www.oa.org](http://www.oa.org), [www.oaregion6.org](http://www.oaregion6.org), [www.oahelps.org](http://www.oahelps.org)

To receive OA related email notifications send request to [webmaster@oawestchester-ny.org](mailto:webmaster@oawestchester-ny.org)

You can now access the OA Westchester United Intergroup Web Site Via: [www.oahelps.org](http://www.oahelps.org) & [www.oawestchester-ny.org](http://www.oawestchester-ny.org)

WUIG meets the 1st Thursday of the month, Emanuel Lutheran Church; 197 Manville Rd., Pleasantville 7:00 - 9:00 PM

Contributions to Intergroup: Make checks payable to WUIG, PO Box 125, White Plains, NY 10603

The Westchester United Intergroup provides this OA Meeting List as a service to its affiliated OA meetings. In order for a meeting to join WUIG it must, as a whole use all 12 steps of OA and adhere to all 12 OA Traditions. Specifically, in keeping with Tradition 3, all OA members must be welcome at each meeting and must meet no other requirements in order to share. In keeping with Tradition 10, only materials as suggested by the OA Literature Guidelines can be made available at meetings. While WUIG cannot require any meeting to adhere to the 12 Traditions of OA, it can remove any meeting that disregards the Traditions from this meeting list.

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DAY	TIME	TOWN	Reg. #	KEY	LOCATION	FORMAT	CONTACT
Thursday	10:30am - 11:30am	Larchmont	46308	WO	JUST FOR TODAY Town of Mamaroneck Fire House (Larchmont) 205 Weaver St. between Hillcrest & Edgewood Ave. 2nd floor auditorium, street parking only	For Today & Voices of Recovery week 1 Open last week Tradition No food allowed. Water only.	Beth 914-777-1829 <a href="mailto:bklieg@gmail.com">bklieg@gmail.com</a>
Thursday	12:30pm - 1:30pm	White Plains	47686	W	Memorial United Methodist Church 250 Bryant Avenue	AA Step/OA Step Bring Lunch; Ample Parking	Celeste 914-390-9841
Thursday	6:30pm - 7:30pm	Pelham	48469		Pelham Thursday Night Literature Meeting Huguenot Memorial Church Corner Pelhamdale Avenue & Boston Post Road	week 1 Step week 2 Tradition week 3 Literature	Diny 914-636-7766
Thursday	7:30pm - 8:45pm	Hartsdale	37761	♥	Seventh Day Adventist Church 50 Columbia Avenue	Discussion	Lionel 914-332-1962
Thursday	7:30pm - 8:30pm	White Plains	00427	W	St. Bartholomew's Church 82 Prospect Street (btwn Soundview & Sterling)	Men's Focus - Topic / Discussion	John 914-720-7785
Thursday	7:30pm - 9:00pm	Yorktown	38273		Yorktown United Methodist Church 2300 Crompond Road (Rte 202 & Rte 35)	week 1 Step week 2 Beginner/Qualifier week 3 Recovery Checklist week 4 Big Book week 5 OA Literature	Deborah 914-736-6027
Friday	10:00am - 11:00am	Carmel	46838	W	Carmel Recovery Drew United Methodist Church 28 Gleneida Avenue (Rte. 52 between Rtes. 301 & 6)	week 1 Big Book week 2 Varied Lit week 3 Tradition week 4 Qualifier parking in rear, entrance on left side	Rena 845-878-9846
Friday	10:30am - noon	White Plains	46180	W O	FRIDAY FRIENDSHIP Ridgeview Congregational Church Ridgeview & Midland Ave (Off Rte 22/Post Rd)	AA Step/Big Book week 1 Open No perfume please Ample Unmetered Parking	
Friday	10:30am - noon	White Plains	05519		St Matthew's Lutheran Church Mamaroneck Avenue & Carhart Avenue	Beginner/Qualifier week 2 Step last week Big Book	Kathy 914-935-9710 Ellie 718-583-8775
Friday	12:30pm - 1:30pm	White Plains	47687	W	Memorial United Methodist Church 250 Bryant Avenue	Big Book Bring Lunch; Ample Parking	Celeste 914-390-9841
Saturday	9:00am - 10:00am	South Salem	45149		St. John's Episcopal Church Parish House Spring Street & Rte. 35	Topic/Discussion	Adam 914-763-6789
Saturday	10:00am - 11:30am	White Plains	28480	O	Presbyterian Church 39 North Broadway (Corner of Barker Ave.) Red door #2 in back, downstairs	OA Step last week Tradition Step 1 Meetings	Dee 914-949-2590
Sunday	8:45am - 10:15am	White Plains	33291	W	White Plains Hospital Davis Avenue & Post Road (Centennial Room)	AA Step/Big Book	Louise 718-654-2674
Sunday	11:15am - 12:30pm	Tarrytown	28732	♥	United Methodist Church 27 South Washington Avenue (Upstairs)	Topic/Discussion	Lionel 914-332-1962
Sunday	4:00pm-5:00pm	Katonah	50179	O	St. Lukes Parish Hall, 68 Bedford Rd (corner Bedford/Katonah Road	BB/OA/AA12&12/For Today Promises & Meditation	Denise 914-715-1567

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Temporary Sponsor Bank: To be or to find a temporary sponsor contact Jmel (914) 725-7013

To be added to the WUIG OA Email Distribution List : Email [webmaster@oawestchester-ny.org](mailto:webmaster@oawestchester-ny.org) or [bklieg@gmail.com](mailto:bklieg@gmail.com)

For temporary or permanent meeting closures, corrections, updates to a meeting, or change in group contact person notify Valerie M at 914-523-6565 or [val1227@optonline.net](mailto:val1227@optonline.net)

## World Service Office:

Mailing Address: PO Box 44020 • Rio Rancho, NM 87174-4020 USA

Tel: (505) 891-2664 Fax: (505) 891-4320

Website: [www.oa.org](http://www.oa.org) Email: [info@overeatersanonymous.org](mailto:info@overeatersanonymous.org)

## Neighboring Intergroups:

NY: Rockland (845) 639-2620; Mid Hudson (845) 657-6603 [www.midhudsonoa.org](http://www.midhudsonoa.org); Bronx (866) 841-9139 ext 2229; Queens (718) 225-4200 [www.queensoa.org](http://www.queensoa.org); NY Metro (212) 946-4599 [www.oanyc.org](http://www.oanyc.org); NY Moravian (718) 324-7018 [www.oa-moravian.org](http://www.oa-moravian.org);

Brooklyn (718) 266-1160; Staten Island (718) 605-1393; Nassau (516) 794-1333 [www.nassauoa.org](http://www.nassauoa.org); Suffolk (631) 475-5965 [www.suffolkunityoa.org](http://www.suffolkunityoa.org); NY HOW (516) 253-2502; Long Island HOW (631) 661-4935

NJ: Northern NJ (973) 746-8787 [www.njioa.org](http://www.njioa.org); Central NJ (908) 253-3464 [www.oa-centraljersey.org](http://www.oa-centraljersey.org); Southern NJ (609) 239-0022 [www.southjerseyoa.org](http://www.southjerseyoa.org); Jersey Shore (609) 698-0244; West Jersey (201) 335-1717

CT: Fairfield (203) 454-6607 [www.swctoa.org](http://www.swctoa.org); New Haven (203) 781-9470 [www.swctoa.org](http://www.swctoa.org); Northern CT (860) 231-2935 [www.connecticutoa.org](http://www.connecticutoa.org); South Eastern CT (800) 824-8650

## Region 6

Mailing Address: PO Box 3073 • Milford, CT 06460

Website: [www.oaregion6.org](http://www.oaregion6.org)

Email: [webmaster@oaregion6.org](mailto:webmaster@oaregion6.org)

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Tel: (914) 633-2988 Website: [www.oawestchester-ny.org](http://www.oawestchester-ny.org) or [www.oahelps.org](http://www.oahelps.org)

Email: [info@oawestchester-ny.org](mailto:info@oawestchester-ny.org)